Miami-Dade County Public Schools

# School Wellness/Healthy School Team Committee Action Plan 2026-2027

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| School Name & Location Number: | Andover Middle School 6023 |
| Principal: | Dr. Carol Randle |
| Phone Number: | 305-654-2727 |
| School Wellness/Healthy School Team Leader: | Dr. Kerian Wilson |
| School Wellness/Healthy School Team Committee Members: (please provide names for the following) | School Site Wellness Chairman: Coach Ariel Davis<br>Cafeteria Manager: Ms. Ruthann Dickenson<br>Mental Health Coordinators: Mr. Tristen and Ms. Chiles<br>Science Teachers: Ms. Allen and Ms. SD. Johnson |
| Committee Meeting Dates (list at least 4): | |
| **ACTION PLAN** | |
| School Wellness/Healthy School Team Goal: (Select all that apply) | ☒Nutrition<br>☒Physical Education<br>☒Physical Activity<br>☒Health and Nutrition Literacy<br>☒Preventive Healthcare |
| Steps to Achieve School Wellness/Healthy School Team Goal: | **Nutrition:**<br>Morning announcements, Lunch menu, Provide healthy meals daily to students<br>**Physical Education:**<br>Afterschool program, During school, Fitness gram Testing<br>**Physical Activity:**<br>PE, Team Sports<br>**Health and Nutrition Literacy:**<br>As part of the PE curriculum, the Physical Education and Science teachers will educate students on Nutrition, Health and calorie intake.<br>**Preventive Healthcare:** |

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| | Mental Health Counselors |
| Sustainability Practices: | Encourage the use of reusable items such as water bottles<br>Post Health Educational flyers throughout the school |
| Community Engagement: | Social media flyers are distributed to community regarding events at school.<br>Superintendent 5K Run for Education<br>Student Volleyball Games<br>Student Basketball and Flag football games |
| Monitoring and Evaluation: | Fitness test for PE, Food Chart, Food activity by cafeteria manager<br>Committee agenda, minutes and sign in-sheets. |
| Other Activities:<br>If applicable, attach supporting documentation (e.g. event flyer) | Event Flyers<br>Wellness Policy was posted on the school's website.<br>Students Participation in Sports Incorporate nutrition into the Science and Physical Education curriculum. |